

CORK COUNTY A.A.I. CHAMPIONSHIPS

Program may be brought forward

May 3rd 2015

ORDER OF EVENTS - DAY 1

Check in 10am

Start 10.30am

- All Long Hurdles G&B.U14 - 200h –G&B U15 &U16 - -250h, G&B U17 - 300h, G&B U18 & U19 - 400h
- Steeplechase Boys & Girls U17 - U 19

Check in 11.45 -Hurdles CIT side

- Sprint Hurdles Boys and Girls U12, U13 (Heats followed by Final) Boys and Girls U 14

Check in 11.45 - Sprints - Stand side

- Sprints Boys & Girls U 9, U11, U15, U17, U19 Heats, Semi Finals and Final

Check in 2pm

- 1500m U14, U15, U16, U17, U18, U19 boys and Girls
- 400m Boys and Girls U 17 - U19
- 500m – BU10, GU10
- 600m GU12, BU12, G13, B13.

Field Events: 10.30 am

Check in 10am

10.30 am.

1. Javelin: BU14, GU15, BU15, B U17, BU18, BU19, BU16, BU13
2. High Jump: BU11, BU18, GU11, BU16, GU15, GU17, GU13, BU14, BU19
3. Shot: GU12, GU11, GU13, GU18, GU19, GU15, GU16, GU17, GU14
4. Discus: GU13, GU14, GU16, GU18, GU19, G17, G15

10.30am

5. Long Jump Pit A G18, G19, G14, G10, G16, G12
Pit B BU13, B15, B17, B10, BU12

12.00

6. Turbo Jav: **Runway A (Finish line)** G9, B9 **Runway B (100m start)** GU11, B11

1.30pm

7. Pole-vault: BU19, BU18, BU17, BU16, BU15, GU16, GU17, GU18, GU19
8. Hammer BU13, BU14, BU15, BU16, BU17, BU18, BU19

CORK COUNTY A.A.I. CHAMPIONSHIPS

Program may move forward

May 17th 2015

ORDER OF EVENTS - DAY 2

Check in 10 am - Start 10.30am

- 200m Heats– U14, U15, U16, U17, U18, U19
- All walks Boys and Girls

Check in 11.45 - Hurdles CIT Side

- Sprint Hurdles Girls U15, Boys U15, Girls U 16 80m, Girls U17, U18, U19 100m and Boys U16 100m, Boys U17, 18, 19 110mH

Check in 11.45 - Sprints -Stand Side -

- U10, U12, U13, U14/U16, U18, boys and girls sprints Heats, Semi Finals and Finals

Check in 2pm

- 800m – U14, U15, U16, U17, U18, U19 Girls and Boys
- 300m – U9 Girls and Boys
- 500m – U11 Girls and Boys
- 200m Finals
- 3000m BU16, BU17, BU18, BU19, GU19, GU18

Field Events: 10.30 am

Check in 10am

10.30 am.

1. Triple Jump BU17, BU15, GU17, GU18, GU19, BU18, BU19, BU16
2. Long Jump B9, B11, B14, G15, G17, G13, G11, G9, B16, B18, B19, B17
3. Javelin: GU14, BU15, GU17, GU16, GU18, GU19, GU13
4. High Jump: GU12, BU13, GU16, BU12, BU17, GU18, GU19, BU15, GU14
5. Shot: BU11, BU18, BU17, BU19, BU12, BU16, BU14, BU13, BU15
6. Discus: BU13, BU14, BU15, BU16, BU18, BU19, B17

12.00

7. Turbo Jav: **Runway A (Finish line)** B12, G12, **Runway B (100m start)** G10 B10

1.30pm

8. Hammer GU13, GU14, GU15, GU16, GU17, GU18, GU19